



August 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28 Rumble @ The Roseland 53 Roseland Theater Portland, OR
29	30	31				



**ALL-PHASE
WRESTLING**

www.apwrestling.org

September 2010



www.thefcff.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		



**ALL-PHASE
WRESTLING**

www.apwrestling.org

October 2010



www.thefcff.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Registration: 6pm-7pm Advanced Practice 7pm-8:30pm	5 Advanced Practice 7pm-8:30pm	6 Advanced Practice 7pm-8:30pm	7 Advanced Practice 7pm-8:30pm	8	9
10	11 Advanced Practice 7pm-8:30pm	12 Advanced Practice 7pm-8:30pm	13 Advanced Practice 7pm-8:30pm	14 Advanced Practice 7pm-8:30pm	15	16
17	18 Advanced Practice 7pm-8:30pm	19 Advanced Practice 7pm-8:30pm	20 Advanced Practice 7pm-8:30pm	21 Advanced Practice 7pm-8:30pm	22	23
24	25 Advanced Practice 7pm-8:30pm	26 Advanced Practice 7pm-8:30pm	27 Advanced Practice 7pm-8:30pm	28 Advanced Practice 7pm-8:30pm	29	30
31						



**ALL-PHASE
WRESTLING**

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November 2010



www.thefcff.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1 Free Practice 6pm-7pm</p> <p>Advanced Practice 7pm-8:30pm</p>	<p>2 Free Practice 6pm-7pm</p> <p>Advanced Practice 7pm-8:30pm</p>	<p>3</p> <p>Advanced Practice 7pm-8:30pm</p>	<p>4</p> <p>Advanced Practice 7pm-8:30pm</p>	<p>5</p>	<p>6 Caged on the Coast 3 Chinook Winds Casino Resort</p>
<p>7 Advanced Practice 2pm-3:30pm N. Marion HS</p>	<p>8 Registration 5pm –6pm Beginner Practice 5:45-6:45</p> <p>Advanced Practice 7pm-8:30pm</p>	<p>8 Registration 5:30pm –6:30pm Intermediate 6pm-7:30pm</p> <p>Advanced Practice 7:30pm-9:00pm</p>	<p>10 Beginner Practice 5:45-6:45</p> <p>Advanced Practice 7pm-8:30pm</p>	<p>11 Intermediate 6pm-7:30pm</p> <p>Advanced Practice 7:30pm-9:00pm</p>	<p>12</p>	<p>13 McMinnville (Oregon Challenge kick-off)</p>
<p>14 Advanced Practice 2pm-3:30pm West Salem HS</p>	<p>15 Beginner Practice 5:45-6:45</p> <p>Advanced Practice 7pm-8:30pm</p>	<p>16 Intermediate 6pm-7:30pm</p> <p>Advanced Practice 7:30pm-9:00pm</p>	<p>17 Beginner Practice 5:45-6:45</p> <p>Advanced Practice 7pm-8:30pm</p>	<p>18 Intermediate 6pm-7:30pm</p> <p>Advanced Practice 7:30pm-9:00pm</p>	<p>19</p>	<p>20 Kirk Spencer Open West Linn HS</p>
<p>21 Advanced Practice 2pm-3:30pm West Linn High School</p>	<p>22 Beginner Practice 5:45-6:45</p> <p>Advanced Practice 7pm-8:30pm</p>	<p>23 Intermediate 6pm-7:30pm</p> <p>Advanced Practice 7:30pm-9:00pm</p>	<p>24 No Practice</p>	<p>25 Happy Thanksgiving No Practice</p>	<p>26</p>	<p>27 OWA/USAW 'Free Mem- bership' Wrestling Day (OSU)</p> <p>OSU vs. Simon Fra- ser Corvallis, OR</p>
<p>28 Advanced Practice 2pm-3:30pm O.C. High School</p>	<p>29 Beginner Practice 5:45-6:45</p> <p>Advanced Practice 7pm-8:30pm</p>	<p>30 Intermediate 6pm-7:30pm</p> <p>Advanced Practice 7:30pm-9:00pm</p>				



**ALL-PHASE
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December 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Beginner Practice 5:45-6:45 Advanced Practice 7pm-8:30pm	2 Intermediate 6pm-7:30pm Advanced Practice 7:30pm-9:00pm	3 Civil War MMA Gill Coliseum Corvallis, OR Proceeds to OSU Wrestling.	4
5 Advanced Practice 2pm-3:30pm West Linn High School	6 Beginner Practice 5:45-6:45 Advanced Practice 7pm-8:30pm	7 Intermediate 6pm-7:30pm Advanced Practice 7:30pm-9:00pm	8 Beginner Practice 5:45-6:45 Advanced Practice 7pm-8:30pm	9 Intermediate 6pm-7:30pm Advanced Practice 7:30pm-9:00pm	10	11
12 Advanced Practice 2pm-3:30pm West Linn High School	13 Beginner Practice 5:45-6:45 Advanced Practice 7pm-8:30pm	14 Intermediate 6pm-7:30pm Advanced Practice 7:30pm-9:00pm	15 Beginner Practice 5:45-6:45 Advanced Practice 7pm-8:30pm	16 Intermediate 6pm-7:30pm Advanced Practice 7:30pm-9:00pm	17	18 Reser (Scappoose)
19 Advanced Practice 2pm-3:30pm West Linn High School	20 Beginner Practice 5:45-6:45 Advanced Practice 7pm-8:30pm	21 Intermediate 6pm-7:30pm Advanced Practice 7:30pm-9:00pm	22 Intermediate 6pm-7:30pm Advanced Practice 7:30pm-9:00pm	23 Intermediate 6pm-7:30pm Advanced Practice 7:30pm-9:00pm	24 Christmas Eve	25 Merry Christmas
26 No Practice	27 No Practice	28 No Practice	29 No Practice	30 No Practice	31 New Years Eve	



January 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Happy New Years!
2 Advanced Practice 2pm-3:30pm	3 Beginner Practice 5:45-6:45 Advanced Practice 7pm-8:30pm	4 Intermediate 6pm-7:30pm Advanced Practice 7:30pm-9:00pm	5 Beginner Practice 5:45-6:45 Advanced Practice 7pm-8:30pm	6 Intermediate 6pm-7:30pm Advanced Practice 7:30pm-9:00pm	7	8 Metro Area Classic Qualifier (Newberg)
9 Advanced Practice 2pm-3:30pm	10 Beginner Practice 5:45-6:45 Advanced Practice 7pm-8:30pm	11 Intermediate 6pm-7:30pm Advanced Practice 7:30pm-9:00pm	12 Beginner Practice 5:45-6:45 Advanced Practice 7pm-8:30pm	13 Intermediate 6pm-7:30pm Advanced Practice 7:30pm-9:00pm	14 Oregon Classic	15 Oregon Classic Oregon Kids Wrestling Classic
16 Oregon Kids Wrestling Classic No Practice	17 Beginner Practice 5:45-6:45 Advanced Practice 7pm-8:30pm	18 Intermediate 6pm-7:30pm Advanced Practice 7:30pm-9:00pm	19 Beginner Practice 5:45-6:45 Advanced Practice 7pm-8:30pm	20 Intermediate 6pm-7:30pm Advanced Practice 7:30pm-9:00pm	21 OSU vs. Cal Poly Gill Coliseum Corvallis, OR	22 Rumble @ the Roseland 54 Roseland Theater Portland, OR
23 OSU vs. Stanford Gill Coliseum Corvallis, OR	24 Beginner Practice 5:45-6:45 Advanced Practice 7pm-8:30pm	25 Intermediate 6pm-7:30pm Advanced Practice 7:30pm-9:00pm	26 Beginner Practice 5:45-6:45 Advanced Practice 7pm-8:30pm	27 Intermediate 6pm-7:30pm Advanced Practice 7:30pm-9:00pm	28	29 ORWAY Clackamas Re- gional Challenge
30 OSU vs. Boise St. Gill Coliseum Corvallis, OR	31 Advanced Practice 7pm-8:30pm					



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February 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Advanced Practice 7pm-8:30pm	2 Advanced Practice 7pm-8:30pm	3 Advanced Practice 7pm-8:30pm	4	5 Oregon Kids Collegiate Championships (Newberg)
6 Oregon Kids Collegiate Championships (Newberg)	7 Advanced Practice 7pm-8:30pm	8 Advanced Practice 7pm-8:30pm	9 Advanced Practice 7pm-8:30pm	10 Advanced Practice 7pm-8:30pm	11 OSU vs. ASU Gill Coliseum Corvallis, OR	12
13 OSU vs. Cal-State Full Gill Coliseum Corvallis, OR	14 Advanced Practice 7pm-8:30pm	15 Advanced Practice 7pm-8:30pm	16 Advanced Practice 7pm-8:30pm	17 Advanced Practice 7pm-8:30pm	18	19 Northwest Kids/Cadets Collegiate Champion- ships (Oregon City)
20 Northwest Kids/Cadets Collegiate Champion- ships (Oregon City)	21 Advanced Practice 7pm-8:30pm	22 Advanced Practice 7pm-8:30pm	23	24 OSAA State	25 OSAA State	26 OSAA State
27 Pac-10 Championship Gill Coliseum Corvallis, OR	28					



March 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5 Rumble @ the Roseland 55 Roseland Theater Portland, OR
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26 Caged on the Coast 4 Chinook Winds Casino Resort
27	28	29	30	31		



April 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30 Rumble @ the Roseland 56 Roseland Theater Portland, OR



May 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



June 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 Caged on the Coast 5 Chinook Winds Casino Resort
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		



July 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16 Rumble @ the Roseland 57 Roseland Theater Portland, OR
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						